

UNC Gillings School of Global Public Health



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

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School connections



Nutrition



Dr. Peggy Bentley touches Malawi with her research

Top Ranking from National Research Council

The Nutrition Department at UNC-Chapel Hill ranked at the top among U.S. Nutrition Departments in the National Academies' National Research Council (NRC) report. This was the first such ranking of doctoral training programs in Departments of Nutrition. A program summary score was based on characteristics such as publications, grants, financial support for students, graduation rates, breadth of faculty backgrounds, student activities and diversity.

[News release from the graduate school.](#)

Welcome to the Department of Nutrition at the University of North Carolina at Chapel Hill. Our Department is unique in that it sits in both a School of Public Health and a School of Medicine. Our faculty members are passionate about doing research that makes a difference and training students to be future leaders in Nutrition. Areas of special interest include behavioral interventions; population trends; physiology and metabolism; public health program development and evaluation; and the role of nutrition in the prevention and treatment of disease. The Department has exceptional strength in the causes, consequences, prevention and treatment of obesity as well as other areas of nutrition critical to public health. The Department of Nutrition offers both undergraduate and graduate [degree programs](#). We also offer training to support certification as a Registered Dietitian (RD).

Nutrition News



Dr. Barry Popkin

Dr. Barry Popkin will be appointed as a W.R. Kenan Jr. Distinguished Professor.

Dr. Popkin to establish professorships for The Department of Nutrition.

Amanda Holliday MS, RD, Dr. Barry Popkin, and Dr. Suzanne Hobbs gives tips for a healthy diet. ["The skinny on fat:](#)

Student Awards

Congratulations to Emily Ford, Laura Greenhow, Lauren Kort, and Shelley Marcus



Ford Greenhow Kort Marcus

Marcus as winners of the American Dietetic Association Foundation/ConAgra Foods Food Safety Student Challenge Scholarship. The goal of the ADA Foundation/ConAgra Foods Food Safety Challenge is to educate and improve food safety for those living on campus focusing on the following four key areas: wash hands often, keep raw meat and ready-to-eat foods separate, cook to proper



Skinny on Fat

Debate rages on pros, cons of low-fat diet".

obesity
a research journal



obesity research journal

Using a high fat diet model based on human junk food in a preclinical study, Liza Makowski (Assistant Professor in Nutrition) and her postdoc Brante Sampey demonstrated that cafeteria (CAF) diet-induced obesity resulted in severe Metabolic Syndrome with dramatic inflammation in white adipose, brown adipose, and liver tissue. "[obesity a research journal](#)"

[All Nutrition News](#)

temperatures and refrigerate promptly below 40° F. Way to go!!!



Kepler

Congratulations Samantha Kepler for being a winning team member!

[UNC Team Places First at 2011 Triangle Global Health Case Competition](#)



Sacks

Congratulations to Gina Sacks for receiving the Summer Undergraduate Research Fellowship (SURF) (\$3,000). The competition for these awards was intense, SURF received 203 excellent applications in a variety of fields, and we made 80 awards. The committee was unanimous in its support of Gina's interesting proposal. Gina is a member of Dr. Liza Makowski's Lab.